Knowledge Organiser

Owls - Me and My Relationships

Key questions

Feelings

Do we have the same feelings?

Why do we have different feelings?

How do we show our feelings?

What can we do when we have 'not so good' feelings?

What are safe and healthy ways to get angry energy out?

How can we help our feelings come out?

Getting Help

When do you need to ask for help?

Who can help you if you need help?

Classroom Rules

Who are classroom rules for?

Why do we need classroom rules?

What would school be like if we didn't have classroom rules?

Are classroom rules for the children or the teachers?

What can help children to keep the classroom rules?

Key vocabulary

friends help

rules family

hurt safe

feelings listen

I can ...

I can name a variety of different feelings and explain how these might make me behave.

I can think of some different ways of dealing with 'not so good' feelings.

I know when I need help and who to go to for help.

I can tell you some different classroom rules.

© Copyright Coram SCARF resources

Knowledge Organiser

Owls - Valuing Difference

Key questions

Recognising, Valuing and Celebrating Difference

How are people different?

How are people similar?

What is good about people being different?

Developing Tolerance

What is fair?

What is unfair?

Do things sometimes seem unfair, even though they are not?

Why do some people see something as unfair and other people see it as fair?

Key vocabulary

respect feelings different
safe bully fair
rules special people
tease similar same kind

I can ...

I can say ways in which people are similar as well as different.

I can say why things sometimes seem unfair, even if they are not.

© Copyright Coram SCARF resources

Knowledge Organiser

SCARF

Owls - Keeping Safe

Key questions

How Our Feelings Can Keep Us Safe

How many different feelings can people have?

Do different feelings make your body feel different?

What can you do if you have 'not so good' feelings?

How can you help if someone else has 'not so good' feelings?

Keeping Healthy

What do people need to keep healthy?

How do you keep yourself healthy?

Why do we need different things to be healthy?

Medicine Safety

How do medicines help?

Are medicines always helpful?

Where do medicines need to be kept? Why?

Key vocabulary

air sleep exercise stop
unsafe share nervous internet
medicine uncomfortable
body feelings food
water safe healthy
private worried scared

I can ...

I can say what I can do if I have strong, but not so good feelings, to help me stay safe (e.g. sad - talk to someone).

I can give examples of how I keep myself healthy.

I can say when medicines might be harmful (e.g. overdose, if not needed, another person's medicine, etc.)

© Copyright Coram SCARF resources

Knowledge Organiser

Owls - Rights and Respect

Key questions

Looking After Things

What needs to be looked after?

What do you look after?

Is there anything else you can look after?

Why does the environment need to be looked after?

Do we need to look after money? Why?

How can you look after yourself?

How do you feel when you have looked after someone or something?

Key vocabulary

clean environment routine
first aid spending litter
risk responsibility danger
safe help money
saving environment
look after responsible

I can ...

I can give some examples of how I look after myself and my environment - at school or at home.

I can also say some ways that we look after money.

© Copyright Coram SCARF resources

Knowledge Organiser

Owls - Being My Best

Key questions

Growth Mindset

What can you do if you find something difficult?

Do you need just one idea to help, if you find something difficult?

How have your ideas helped you?

Keeping Healthy

Which foods are healthy and why?

Why do we need to eat different foods?

What jobs do different foods have in the body?

Key vocabulary

starchy dairy protein sugar practise fruit difficult learning make mistakes hygeine cereal bread spread try water energy help healthy support vitamins vegetables germs

I can ...

I can name a few different ideas of what I can do if I find something difficult.

I can say why certain foods are healthy and why it's important to eat at least five portions of vegetables/fruit a day.

© Copyright Coram SCARF resources

Knowledge Organiser

Owls - Growing and Changing

Key questions

Getting Help

What is a trusted adult?

Which adults at home can you ask for help?

Which adults at school can you ask for help?

Becoming Independent

What can you do now, that you couldn't do as a baby?

What can you do now, that you couldn't do as a toddler?

What can you do now, that you couldn't do last year in Reception?

What are you still learning to do?

Body Parts

Which body parts are on the inside?

Which body parts are on the outside?

How do different body parts work?

Are girls' and boys' bodies the same?

Which parts are different?

Key vocabulary

adult	heart
brain	stomach
trusted	growing
lungs	vulva
penis	learning

I can ...

I can identify an adult I can talk to at both home and school. If I need help.

I can tell you some things I can do now that I couldn't do when I was a toddler.

I can tell you what some of my body parts do.

© Copyright Coram SCARF resources