



St. Hubert's Roman Catholic Primary School

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A Policy for R.S.E



*Created by: C.Barnacle
Review Date: Nov. 2029*

Relationships & Sex Education Policy (RSE)

Introduction

St. Hubert's is committed to providing a nurturing and well-rounded education that encompasses the intellectual, emotional, and moral growth of our pupils. As an integral part of our mission to develop responsible and compassionate individuals, we recognise the importance of Relationships and Sex Education (RSE) in preparing them for the complexities of today's world. This policy is a testament to our commitment to deliver RSE in line with our Catholic values and principles.

In a rapidly changing society, the need for accurate information, moral guidance, and the promotion of healthy, respectful relationships is more vital than ever. Our RSE program is designed to empower our pupils with knowledge, skills, and values that will serve as a strong foundation for their future. In this policy, we outline our objectives, principles, and approach to delivering RSE in a way that respects the dignity and worth of everyone, echoing the teachings of the Catholic Church.

It ensures that RSE is integrated into our curriculum with sensitivity to the needs of pupils at different developmental stages and with the involvement and support of parents and the wider school community. We provide our pupils with the tools to make responsible and morally sound decisions as they navigate the complexities of human relationships and their own personal development.

This policy underscores our commitment to fostering a safe, respectful, and informed learning environment where pupils can explore, question, and learn about relationships and human development within the framework of our Catholic values. We invite all members of our school community to embrace this vision and join us in our mission to educate, empower, and guide our pupils as they embark on their journey to becoming responsible and compassionate individuals.

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Rationale

Our approach to RSE will be a positive one because:

- *Sexuality is a gift from God.*
- *We are made to love and be loved.*
- *What we say with our bodies should reflect what we mean in our hearts and minds.*
- *Mature Christian sexuality involves openness and commitment to others.*
- *Genuine love is creative.*

We affirm that human sexuality is an essential dimension of personal identity as it forms a fundamental part of God's gift of Life. We offer a profound understanding of the joy and depth of human sexual relationships.

"In his own image he made them, male and female he made them...God saw all that he had made and found it very good."

Aims

- To develop in pupils a sense of their own self-worth and uniqueness as created by God.
- To help pupils to come to a deeper understanding about themselves as they grow.
- To provide pupils with accurate information about the reproductive process appropriate to their age, experience and level of understanding.
- To teach pupils to respect their own and each other's bodies.
- To teach pupils about the importance of love and respect in relation to all relationships and especially sexual relationships and to set this in the context of family life and marriage.
- To teach pupils about responsibility for oneself and others.
- To develop an understanding about the importance of parenting skills.
- To develop an awareness of the importance of emotions, feelings, instinct and right judgement in relation to self-protection.
- To present fact in an objective and balanced manner and to use appropriate terminology to enable pupils to discuss issues without embarrassment or fear.
- To provide a supportive environment for RSE to take place where questions can be asked and honestly answered in accordance with the teachings of the Catholic Church.

Scheme of Work

Our school has chosen to adopt the 'Life to the full' RSE curriculum, within the context of a Christian understanding of human sexuality rooted in the wisdom and teaching of the Catholic Church. The framework of our programme is taken from the Model Catholic RSE Programme by the Catholic Education Service, which has been highlighted by the Department of Education as a work of good practice.

'I have come that you might have life and have it to the full' (John.10.10)

'Life to the Full' is a fully resourced Scheme of Work in Relationships Education for Catholic primary schools which embraces and fulfils the new statutory curriculum. Taught with a spiral approach to learning, in which pupils will revisit the same topics at an age-appropriate stage through their school life.

The entire teaching is underpinned with a religious understanding that our deepest identity is as a child of God - created chosen and loved by God. The programme is fully inclusive of all pupils and their families.

Working with Parents

The Education Act 1993 gives parents the right to withdraw their child from any or all the schools Sex Education programme although certain elements are covered under the Science National Curriculum which is the entitlement of all children. The school recognises that good communication is vital in this area and parents are invited to review the school's policy and ideally view all the materials used beforehand.

Roles and Responsibilities

Governors

In accordance with the Education Act of 1993 the governing body will keep up to date the school's policy for RSE, in consultation with parents and will make copies available to them. They will make known to parents their right to withdraw their children from all or part of RSE provided at school except for those parts included in the statutory National Curriculum.

Teachers

All teachers have a responsibility of care; as well as fostering academic progress they should actively contribute to the guidance of the physical, moral and spiritual wellbeing of their pupils. Teachers will be expected to teach RSE in accordance with the Catholic teaching as set out in the Catechism of the Catholic Church. Appropriate training will be given to all staff teaching RSE.

Parents

The school recognises that parents are the primary educators of their children and will seek to support them in their task. It will ensure that parents are kept informed of what is happening in RSE in terms of content, delivery and timing.

Monitoring and Evaluation

The RSE Subject Leader is responsible for monitoring the quality and consistency of RSE provision across the school. This includes:

- Reviewing planning to ensure coverage of the Ten Ten programme and alignment with diocesan guidance.*
- Sampling pupils' work and gathering pupil voice to evaluate understanding, engagement, and impact.*
- Observing lessons and providing feedback to support high-quality delivery.*
- Consulting with staff to identify training needs and ensure confidence in delivering sensitive content.*
- Ensuring that RSE remains responsive to the needs of pupils and reflects the Catholic ethos of the school.*

Evaluation is ongoing and informs the annual review of the RSE Policy, ensuring it remains relevant, inclusive, and in line with statutory and diocesan expectations.

Inclusion and Equality

At St. Hubert's, we are committed to delivering Relationships and Sex Education (RSE) that is inclusive, respectful, and rooted in the dignity of every human person, in line with our Catholic ethos and diocesan expectations.

We ensure that RSE is accessible to all pupils by:

- *Using Ten Ten's diocesan-approved resources, which are designed to be age-appropriate, inclusive, and sensitive to the diverse backgrounds and experiences of our pupils.*
- *Adapting content to meet the needs of all learners, including those with SEND, EAL or additional emotional needs.*
- *Creating a safe and respectful learning environment, where pupils feel confident to ask questions, express their views, and engage in discussion.*
- *Promoting equality and respect, challenging stereotypes and discrimination, and encouraging pupils to value difference and diversity.*
- *Working in partnership with parents and carers, respecting their role as primary educators and providing clear communication about the content and purpose of RSE.*
- *Respecting individual beliefs and values, while ensuring that all pupils receive the statutory content required to support their wellbeing and understanding of healthy relationships.*

Our RSE provision reflects the teachings of the Catholic Church and the principles of Catholic Social Teaching, ensuring that every child is valued, supported, and prepared to live out respectful and loving relationships.