



**St. Hubert's Roman Catholic Primary
School**

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A Policy for P.S.H.E.



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PSHE Policy for St. Hubert's November 2025

Mission Statement

“Believe to Achieve! Love God, Love Learning, Love one Another”

Introduction

At St. Hubert's Catholic Primary School, Personal, Social, Health and Economic (PSHE) education is a vital part of our whole-school curriculum. It supports the development of the whole child, helping pupils to grow spiritually, morally, socially, and culturally in line with our Catholic ethos.

We deliver PSHE through the Coram Life Education SCARF programme, which stands for Safety, Caring, Achievement, Resilience, and Friendship. This scheme provides a structured, age-appropriate framework that supports children's emotional literacy, mental health, and understanding of the world around them.

PSHE at St. Hubert's is not taught in isolation. It is embedded across the curriculum and school life, reflecting our mission statement:

“Believe to Achieve! Love God, Love Learning, Love One Another.”

Our approach to PSHE is inclusive, values-driven, and rooted in Catholic Social Teaching, ensuring that all pupils are supported to become confident, compassionate and responsible citizens.

Aims and Objectives

Through our PSHE curriculum, we aim to:

- Provide a broad and balanced curriculum that equips pupils with the knowledge, skills, and values to make informed and responsible life choices.*
- Promote emotional wellbeing, resilience, and self-confidence in all pupils.*
- Foster a deep understanding of Catholic values and encourage pupils to apply these principles in their daily lives.*
- Support pupils in developing respectful relationships and understanding the importance of empathy, kindness, and mutual respect.*
- Encourage active citizenship and social responsibility, aligned with Catholic Social Teaching.*
- Ensure that PSHE is inclusive and accessible to all pupils, regardless of background or ability.*
- Prepare pupils for life in modern Britain, including understanding diversity, equality, and the importance of democratic values.*

Curriculum

At St. Hubert's, PSHE is delivered through the Coram Life Education SCARF programme, a comprehensive and progressive scheme for pupils aged 3–11. SCARF stands for Safety, Caring, Achievement, Resilience, and Friendship, and these values underpin all aspects of our PSHE provision.

SCARF supports a whole-school approach to wellbeing, safeguarding, and personal development. It is fully aligned with the DfE statutory guidance for Relationships and Health Education and supports our Catholic ethos.

Curriculum Structure

Due to our mixed-age classes, we follow a two-year rolling programme to ensure full coverage and progression across all six SCARF units. This approach allows pupils to revisit key themes with increasing depth and understanding, while maintaining continuity and age-appropriate learning.

Each year group engages with the following SCARF units:

- 1. Me and My Relationships*
- 2. Valuing Difference*
- 3. Keeping Myself Safe*
- 4. Rights and Responsibilities*
- 5. Being My Best*
- 6. Growing and Changing*

Relationships and Sex Education (RSE)

RSE (see separate policy for more detail) is delivered separately through the Ten Ten programme, which is Diocesan approved and fully aligned with Catholic teaching. Ten Ten provides a faith-sensitive and age-appropriate approach to RSE, focusing on the dignity of the human person, family life, and respectful relationships.

While SCARF and Ten Ten are distinct programmes, they are designed to complement each other, ensuring consistency in values and messaging across the curriculum.

Curriculum Integration

- PSHE is taught weekly and is embedded across the wider curriculum.*
- Whole-school assemblies and themed weeks reinforce PSHE values.*
- Cross-curricular links are made where appropriate to deepen understanding and application.*

Curriculum Review

- The PSHE curriculum is reviewed annually by the Subject Leader to ensure it remains relevant, inclusive, and aligned with statutory guidance and the needs of our pupils.
- Updates to the SCARF and Ten Ten programmes are incorporated as part of this review process.

Teaching and Learning

PSHE lessons at St. Hubert's are delivered by class teachers using the SCARF programme. Teachers receive ongoing professional development to ensure lessons are engaging, inclusive, and reflect our school's ethos.

Lessons are:

- Age-appropriate and tailored to the developmental stage of pupils.
- Interactive and pupil-centred, encouraging discussion, reflection, and critical thinking.
- Inclusive, with differentiation to support all learners, including those with SEND.
- Embedded across school life, with PSHE values reinforced in other subjects, assemblies, and pastoral care.

Teachers are expected to follow the SCARF sequence and structure, ensuring consistency and progression across year groups. The PSHE Subject Leader supports staff with planning, resources, and monitoring to maintain high standards of delivery.

Parental Involvement

At St. Hubert's, we recognise that PSHE education is most effective when delivered in partnership with parents and carers. We value the role of families in supporting children's personal development and aim to build strong, open relationships between home and school.

We actively involve parents in our PSHE provision by:

- Informing them about the content and structure of the SCARF and Ten Ten programmes.
- Providing access to parent-friendly resources and guidance to support learning at home.
- Offering opportunities for parents to engage with PSHE themes.
- Communicating clearly about sensitive topics, particularly those covered in Relationships and Sex Education (RSE)
- Encouraging dialogue between school and home to reinforce shared values and support pupils' emotional wellbeing.

We are committed to ensuring that our PSHE curriculum reflects the values of our Catholic community and is delivered in a way that is transparent, inclusive, and respectful of all families.

Assessment and Evaluation

At St. Hubert's, assessment in PSHE is formative, reflective, and designed to support pupils' personal development rather than measure academic attainment. We aim to understand how pupils are engaging with the curriculum, developing key skills, and applying values in their daily lives.

Teachers assess pupils through a range of approaches including pupil voice, classroom observation, and reflection activities. Pupils are given opportunities to express their thoughts, reflect on their learning, and demonstrate understanding through discussion, creative tasks, and written work. Teachers use their professional judgement to monitor progress and identify pupils who may need additional support.

Roles and Responsibilities

PSHE Subject Leader

The PSHE Subject Leader plays a key role in ensuring the effective delivery and development of PSHE across the school. Responsibilities include:

- Leading the implementation of the SCARF programme and ensuring fidelity to its structure and values.
- Coordinating the delivery of Ten Ten RSE content in line with diocesan guidance.
- Supporting staff with planning, resources, and professional development.
- Monitoring the quality of PSHE teaching.
- Reviewing the curriculum annually to ensure it remains relevant, inclusive, and aligned with statutory and Catholic guidance.
- Liaising with external agencies and providers to enhance PSHE provision.
- Ensuring PSHE contributes to whole-school priorities, including safeguarding, wellbeing, and Catholic Life.

Class Teachers

Class teachers are responsible for the day-to-day delivery of PSHE and RSE. Their responsibilities include:

- Planning and delivering weekly PSHE lessons using the SCARF programme, following the two-year rolling curriculum for mixed-age classes.
- Delivering Ten Ten RSE content in accordance with diocesan expectations and school policy.

- *Creating a safe, inclusive, and respectful classroom environment where pupils feel confident to express themselves.*
- *Adapting lessons to meet the needs of all learners.*
- *Promoting PSHE values across the wider curriculum and school life.*
- *Recording evidence of pupil learning and contributing to assessment and reflection activities.*
- *Engaging with professional development opportunities to enhance their understanding and delivery of PSHE.*

Inclusion and Equality

At St. Hubert's, we are committed to ensuring that PSHE education is inclusive, accessible, and respectful of all pupils, regardless of their background, ability, or personal circumstances.

Our approach to PSHE reflects the principles of equality, diversity, and Catholic Social Teaching, promoting the dignity of every person and fostering a culture of respect and compassion.

We ensure inclusion and equality by:

- *Adapting lessons to meet the needs of all learners, including those with SEND, EAL, or additional emotional needs.*
- *Creating safe spaces where pupils feel valued, heard, and respected, and are encouraged to express their thoughts and beliefs.*
- *Using diverse resources that reflect a range of cultures, family structures, and lived experiences.*
- *Challenging stereotypes and discrimination, and promoting positive attitudes towards difference and diversity.*
- *Working in partnership with families to ensure that PSHE is delivered in a way that is sensitive to individual beliefs and values.*
- *Ensuring accessibility of materials and activities for all pupils, including adaptations where necessary.*

Our PSHE curriculum supports pupils in understanding their rights and responsibilities, and in developing the skills to contribute positively to a diverse and inclusive society.

Non-Negotiables

To ensure high-quality and consistent delivery of PSHE across St. Hubert's, the following expectations are non-negotiable:

- *Coram SCARF is the sole provider of PSHE education and must be used consistently across all year groups.*
- *All PSHE lessons must follow the two-year rolling programme to ensure full coverage and progression in mixed-age classes.*
- *Weekly PSHE lessons must be timetabled and delivered with the same priority as other core subjects.*

- Teachers must use SCARF resources as the basis for planning and delivery, adapting only to meet specific pupil needs while maintaining core content.
- Ten Ten is the approved programme for RSE and must be delivered in accordance with diocesan guidance.
- PSHE values must be embedded across the wider curriculum, including RE, assemblies, and collective worship.
- Evidence of PSHE delivery should be recorded through planning, pupil voice, and reflection activities.
- Staff must engage with ongoing professional development related to SCARF and Ten Ten to ensure confident and informed delivery.
- Any deviation from the SCARF or Ten Ten programmes must be discussed and approved by the PSHE Subject Leader.

Conclusion

At St. Hubert's PSHE education through the SCARF program plays a fundamental role in shaping the holistic development of our pupils. We are committed to delivering a high-quality PSHE programme that equips our pupils with the knowledge, skills, and values they need to thrive in an ever-changing world. This policy will be reviewed biannually to ensure its ongoing relevance and effectiveness.

